

AYSL Coach/Referee U14 Game Rules

Division Officials

Commissioner – Jason Curry – 570-903-4665

Referee Coordinator – Emma Black – 570-702-9271

FIFA RULES

- U14 abides by the FIFA Laws of the Game with the exceptions listed below. These include direct kicks, penalty kicks, etc.
- Please refer to the AYS website for a current link to the FIFA Laws of the Game.

TO START THE GAME

- Referees arrive 10 minutes early and wear red AYSL ref's shirt
- Visiting (gold) team kicks off and the home team (blue) chooses which goal to defend.
- Start on time, so games stay on schedule.
- Please be sure the goals are secured to ground with stakes/sandbags.

GAME DURATION

- 12 minute quarters
- 2 minute break at quarters
- 5 minute break at the half
- change directions at the half

PLAYERS

- Play 9v9 (8 field players and a goalie)
- Keepers must wear different color shirt/pinny over the top of jersey
- If numbers are low, play with fewer field payers. Be flexible

FIELD and BALL

- #5 ball to be provided (properly inflated) by the home team.

SUBSTITUTIONS

- No substitutions in the first 3 quarters, except for injuries.
- If there is extra playing time to be shared, the coach may sub half way through the 4th quarter. Referees should let coaches know when the 4th quarter is half over.

CASTS

- If a player has a hard cast, they may play if they have a permission note from a doctor and the cast is well padded with soft material (like foam). It is up to the coaches/ref to let them play. If you don't feel it is safe to the other players, even with the conditions met above, the player may not play.

HEADING

- No heading is allowed in practices or games. A 'dangerous play,' resulting in an indirect free kick, will be awarded to the opposing team, if a player intentionally uses his head to play the ball. The referee will have the discretion to decide if the head ball is intentional, which will be penalized.