

# **AYSL Coach/Referee U8 Game Rules**

## Division Officials

Commissioner – Jeff Samala – 609-651-5980

Referee Coordinator – Emma Black – 570-702-9271

## **TO START THE GAME**

- Referees arrive 10 minutes early and wear red AYSL ref's shirt
- Visiting (gold) team kicks off and the home team (blue) chooses which goal to defend.
- Start on time, so games stay on schedule.

## **GAME DURATION**

- 10 minute quarters
- 1 minute break at quarters
- 5 minute break at the half
- change directions at the half

## **PLAYERS (6)**

- 5 field players and a goalie

## **FIELD and BALL**

- #3 ball to be provided (properly inflated) by the home team.
- One goal box, no penalty kicks

## **SUBSTITUTIONS**

- No substitutions in the first 3 quarters, except for injuries.
- If there is extra playing time to be shared, the coach may sub half way through the 4th quarter. Referees should let coaches know when the 4th quarter is half over.

## **GOAL KICKS**

- On a goal kick for the offensive team (team taking goal kick), the defensive team must remain behind the halfway line until the kick is taken.

## **FREE KICKS**

- All are indirect
- Foul in goal box:
  - o *against defense*: free kick 5 steps outside box
  - o *against offense*: free kick from edge of the box
- The opposing team should be back 8 yards on a free kick

## **GOALKEEPERS**

- Protect and help them
- Teams must rotate keeper each quarter
- Keepers must wear different color shirt/pinny over the top of jersey
- Don't count a goal if a keeper steps back over the line with the ball
- Goal kicks taken from edge of box

## **THROW INS**

- In case of an improper throw in, let the play go on, and remind player to keep feet down, use 2 hands, etc.

## **FOUL PLAY**

- This is difficult since little kids end up on the ground a lot.
- Try to talk to the kids during play and tell them not to push with their hands, etc.
- If you have a player who is guilty of over aggressive play, you can ask the coach to take him/her out for awhile to calm them down. They can come back in at the next quarter they are scheduled to play in.

## **NO**

Penalty Kicks                  Direct Kicks  
Slide Tackles                  Offside Rules  
Hard Casts  
Keeper back pass or 6 second rule

## **INSTRUCT AND REPLAY**

Kickoff                          Indirect Kicks  
Goal Kicks                      Corner Kicks  
Goalie Handling (first time)

## **HEADING**

- No heading is allowed in practices or games. A 'dangerous play,' resulting in an indirect free kick, will be awarded to the opposing team, if a player intentionally uses his head to play the ball. The referee will have the discretion to decide if the head ball is intentional, which will be penalized.